

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Breaded Chicken	Salmon Fish Fingers	Roast Turkey	Toad in the Hole	Bolognese
Potato	Potato Waffle	Potato Wedges	Roast Potatoes	Mashed Potato	Pasta
Veg.	Spaghetti Hoops	Garden Peas	Carrots	Green Beans	Sweetcorn
V	Risotto	Nuggets	Pasta & Tomato Sauce	Toad in the Hole	Pasta with Vegetables & Cheese Sauce
Dessert	Chocolate Mousse	Jam Tart	Jelly & Fruit	Homemade Flapjack	Oaty Apple Crumble & Custard

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Sausage Roll	Baked Chicken Bites	Beef Burger in Bap	Roast Chicken	Plaice Goujons
Potato	Potato Wedges	Mashed Potato	Frites	Roast Potatoes	Potato Waffle
Veg.	Baked Beans	Sweetcorn	Spaghetti Hoops	Carrots	Garden Peas
V	Vegetable Roll	Lasagne	Burger	Cheesy Pasta	Burger
Dessert	Chocolate Sponge & Custard	Frozen Yoghurt	Lemon Cake	Shortbread Biscuit	Ice Cream

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Omega 3 Cod Fish Finger	Roast Chicken	Hot Dog	Lasagne	Turkey Meatballs Creamy Gravy
Potato	Potato Waffle	Roast Potatoes	Potato Wedges	Garlic Bread	Rice
Veg.	Spaghetti Hoops	Carrots	Baked Beans	Sweetcorn	Peas
V	Cheesy Pasta	Sausages	Vegetable Fingers	Lasagne	Risotto
Dessert	Iced Fruit Smoothie	Fruit Trifle	Cold Bananas & Custard	Chocolate Brownie	Ice Cream

WEEK FOUR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Sausages	Fish Fingers	Creamy Chicken Puff Pastry Pie	Cheese & Ham Pizza	Roast Beef & Yorkshire Pudding
Potato	Mashed Potato	Potato Wedges	Potato Waffle	½ Jacket Potato	Roast Potatoes
Veg.	Sweetcorn	Garden Peas	Carrots	Spaghetti Hoops	Green Beans
V	Sausage	Vegetable Fingers	Vegetable Puff Pastry Pie	Pizza	Pasta & a Tomato Sauce
Dessert	Blueberry Muffin	Yogurt	Jelly & Fruit	Pancakes with Currants	Chocolate Brownie

Everyday a jacket potato is available with a choice of 3 fillings . . .
 (1) Tuna/Sweetcorn & Mayonnaise (2) Cheese & Beans (3) Cold Chicken & Mayonnaise.
 All 3 choices are served with a mixed salad which includes watercress.
V = vegetarian option

